

<b>Position Title:</b>	<b>Kitchen Volunteer Assistant</b>
<b>Role Description:</b>	<ul style="list-style-type: none"> <li>• Assist the Food Coordinator in the preparation of lunch and dinner. This will include the following: <ul style="list-style-type: none"> <li>○ Following recipes to prepare meals, helping prepare fresh produce and meat for meals and/or freezing, batch baking and preparing group snacks</li> <li>○ Help the nursery staff in preparing meals and snacks for infants and toddlers</li> <li>○ Maintaining health and safety standards</li> </ul> </li> </ul> <p>Develop informal friendships with the women and their families as they spend time in the kitchen. This may involve casual conversation or sharing recipes or nutrition information.</p> <ul style="list-style-type: none"> <li>• Maintain the order and cleanliness of the kitchen space by helping with groceries and other food deliveries, cleaning up and washing dishes</li> <li>• Participating in outings, special events and field trips when possible</li> </ul>
<b>Required Commitment:</b>	<ul style="list-style-type: none"> <li>• Available to commit four hours of service per week for six months</li> </ul>
<b>The Successful Candidate:</b>	<ul style="list-style-type: none"> <li>• Will have basic kitchen skills and be comfortable preparing food</li> <li>• Will have an ability to work in a structured, supervised, fast-paced setting</li> <li>• Must be 19 years of age or older</li> <li>• Will be physically able to lift 45 pounds</li> <li>• Experience in the kitchen and/or food handling certificate an asset</li> </ul>